



Job Opportunities

Personal Assistant/Support Workers

Location: Southbourne, Dorset

Part-time & Full-time vacancies 16 – 40 Hours per week

**£13 per hour / £10,816 - £27,040 per annum, with additional pay for
sleep-ins**

We have some fantastic new job opportunities within a brand-new Supported Living service opening in the Southbourne area in 2026 for enthusiastic and self-motivated **Personal Assistant/ Support Workers**.

The Stable Family Home Trust is a values-led organisation where people always come first. Our main purpose is to support adults with learning disabilities to develop the skills and confidence that enable them to live their lives as independently as possible; to participate in their local communities and be valued for the extraordinary contribution they make to our society. We run a varied and exciting day services programme from our three sites in Christchurch, Ringwood and Southbourne, and run supported living and residential living services in Southbourne and Ringwood.

The Trust is a Registered Charity established in 1980 by a group of families whose young adult children had learning disabilities - we now support over 100 people every year.

About You:

You are a kind, patient, and reliable individual who is passionate about making a positive difference in the lives of adults with learning disabilities. You understand the importance of promoting independence, dignity and choice, and you're committed to providing person-centred support that respects each individual's unique needs and preferences.

Experience in support or care work is desirable, however, what matters most is your attitude, your willingness to learn, and your ability to build trust and genuine relationships. You will be a good communicator, team player, and someone who brings warmth, empathy, and professionalism to everything you do.

You will be comfortable supporting people with day-to-day tasks such as personal care, cooking, attending appointments, or accessing the local community, and you do so in a way that empowers and promote independence. You will be adaptable, dependable, and understand the importance of boundaries, confidentiality, and safeguarding.

About the Role:

As a Personal Assistant/Support Worker you will help provide day-to-day core and one-to-one support to service users in the supported living houses, ensuring that the support meets the high standards expected by the Trust, and enables our service users to live their lives with independence as a valued member of their local community.

UK based candidates with the right to work in the UK (we cannot provide visa sponsorship).



**Stable Family
Home Trust**

Where
everyone
matters

You must be able to work weekends, evenings and some Bank Holidays (including Christmas) and cover some sleep-in shifts.

If you would like to apply and be considered for one of these exciting new opportunities, please apply via this advert or send your CV to recruitment@sfht.org.uk along with your availability and the hours which you are seeking.